

# Check out our current group programs for 2017

We are proud to offer a selection of group therapy options throughout the year, these are the groups we are running this term. Pease let our team know if you are interested in any of our groups as we run these dependent on interest and numbers throughout the year.

#### Learn and Grow

When: Mondays 9:30am -11:30am (weekly

during school term)

Where: Northern outreach- Mark Oliphant

Children's Centre

Who: Children aged 2-4yrs

**Focus:** To support children to explore and participate in activities which will support their overall development. Tailored for children with a vision or hearing impairment, a program which incorporates activities to engage children in exploration, play, social engagement as well as providing opportunities for parents to link with other families.

## Learn 4Kindy

When: TBA Where: TBA

Who: Children aged 3-4yrs

**Focus:** To support children to develop their skills around imaginary play, social/emotional/regulatory skills, as well as communication and independence skills, in preparation for attending Kindy.

# Munch and Crunch

When: Tuesdays 10-11:30am (weekly during

school term)
Where: Welland

Who: Children aged 3yrs

**Focus:** For children and parents to enjoy a positive mealtime experience, while working on skills for eating such as exploration of new foods, biting, chewing and increasing the range of foods a child will try. Children and families will also focus on learning mealtime routines.

### Learn 4School

When: Fridays 12-1pm (weekly during school

term)

Where: Northern Outreach- Ardtornish

Children's Centre

Who: Children aged 4-6yrs

**Focus:** To support children to acquire the necessary skills to ensure a successful transition to schooling. With an OT and SP focus this has meant including goals for communication, literacy, attention and self-regulation, fine motor and gross motor skills, ability to follow routines and appropriate social skills with peers and adults.

## Can:Do Kids - Younger and Older

**When:** Wednesdays 4-5pm (weekly during school term)

Where: Welland

**Who:** Children aged 5-7yrs or 7-10yrs **Focus:** Both the younger and older group programs focus on upskilling our clients in daily social skills used to interact with their peers, develop independence and exercise socially appropriate behaviours in multiple contexts. Our groups cater for those with a sensory impairment, behaviour struggles and/ or ASD. The younger group has a strong focus on areas such as sharing, turn taking, winning and losing and 'getting along,' whilst our older group focuses on social behaviour in multiple contexts, friendship skills and independence.

If you would like more information about our groups or if you have ideas for a sensory service that would assist your child and others let us know at services@ cando4kids.com.au or 8100 8200.

