

Occupational Therapy

Building Blocks

Our experienced Occupational Therapy team supports children and young people to develop their fine and gross motor skills, cognitive skills, social skills and independent living skills in order to be successful in their daily lives.

Intervention is delivered through individual and group programs targeting key skill areas of development including pre-braille, pre-writing, self-advocacy and school readiness.

Tailored programs can also support children around sensory processing difficulties, sleep issues and toilet training.

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Target Group

Children aged 3-5 years with a sensory impairment

What to expect

Building Blocks is a small group program consisting of 6-8 weekly sessions (50 minute session, with 10 minutes of feedback to families) delivered during the school term.

The program may be based at one of our metropolitan centres.

Sessions are run by an Occupational Therapist along with a support staff member or student.

At the end of each session there is the opportunity for therapists to discuss progress with caregivers.

Building Blocks group is directed at children getting ready to start kindy/school or those recently started at kindy. Each session will involve:

- Structured group time – choosing name tag, singing hello song, learning other children's names, explaining concepts from the theme for the day (e.g. colours, numbers, animals etc)

- 3 to 4 Activities:
 - Moving around activity – warm up, gross motor coordination, upper limb strength
 - Fine motor task – e.g. threading or building with focus on manipulating small objects and hand strengthening
 - One activity involving different textures – e.g. messy play (finger painting, play dough etc)
 - Pencil and scissor tasks
- Children will be encouraged to work independently from their families as they would in a kindy/school environment.

Aims of the program

The aim of this group is to develop and improve children's fine motor development, attention and concentration, understanding of routines and turn taking, skills for communication and social interactions in preparation for the kindy/school environment.

Goals of the program

Goals are individually negotiated with the child, their family and educators.

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Outcomes

Children will develop skills require in preparation for kindy/school, including their:

- Attention and concentration
- Understanding of routines and turn taking
- Skills for communication and social interaction
- Fine and gross motor skills

Eligibility Criteria

Families must be registered for services with Can:Do 4Kids

Staff

Occupational Therapists are allied health professionals who promote health and wellbeing. They focus on assisting individuals to reach and/or maintain the highest level of independence and function in all aspects of their lives.

Can:Do 4Kids Occupational Therapists work as a part of a multidisciplinary team alongside Early Intervention Consultants, Speech Pathologists, Assistive Technology specialists, Child and Youth Development Consultants, Orientation and Mobility specialists, Physiotherapists, Social Workers and Audiologists.

Locations

An Occupational Therapist may see a child/young adult:

- In the classroom
- In the home
- In the community
- At one of our clinic locations

Referrals

Families can contact Can:Do 4Kids directly or with a referral from NDIS, your GP, Specialist or school.

Funding

Can:Do 4Kids are registered to provide services under a variety of funding models including National Disability Insurance Scheme (NDIS), Medicare, Private Health and self funded.

If you are unsure of your eligibility, or would like to discuss the best funding method for your child please contact us for further information.

Contact Us

We would love to hear from you. For further information about our services and to discuss your childs needs please contact us; on

Phone: (08) 8100 8200

Email: services@cando4kids.com.au

Web: cando4kids.com.au

Office: 59-61 Grange Road, Welland