

# Child and Youth Development

## Individual Support

Our experienced Child and Youth Development team supports children and young people to develop social and life skills and to connect with their community. We support our clients to maximise their learning opportunities in a variety of settings, including schools.

Child and Youth Development group programs serve as a link to develop peer and community networks and offer the opportunity to try community-based activities in a safe environment.

Other services include Auslan (Australian Sign Language) skill development and support for transition to primary and high school and to post-school adult services.

## Individual Support

### Target Group

Children aged from 6-18 years old with a sensory impairment.

### What to expect

Individual therapy and support focuses on developing age appropriate communication, life and personal skills to ensure that children can be independent and able to interact effectively in their daily life.

Our Child and Youth Development consultants work in a variety of ways including:

- Providing individual therapy
- Working in small groups
- Working within educational settings
- Developing home based programs
- Providing resources and information

Sessions may occur weekly, fortnightly or monthly.

The Child and Youth Development team can support children in a range of areas including;

- **Social skills;** support around developing age-appropriate social skills, appropriate friendships, managing emotions, self-advocacy, self-esteem and confidence
- **Support at specialist appointments;** which can include support at

NEP meetings, ENT, Audiology or Ophthalmology appointments.

- **Education Around Deaf and Vision Awareness;** support for parents, caregivers, school staff, social groups and community groups to develop useful strategies on how to better understand the individual child's need, in order to provide a supportive environment for learning
- **Life and personal skills development;** programs focusing on developing daily living skills, skills for gaining employment and self-care skills
- **Auslan support;** developing skills in Auslan, communication and language
- **Assistance for individuals to participate in their community;** including communication support, assessment of skills, providing links to community opportunities, support around use of public transport
- **Transition support;** programs to assist children to transition successfully from primary school to high school, high school to adult services or from year to year

### Aims of the program

Individual Child and Youth Development support aims to provide children and young adults with the skills required to successfully participate in school and the community.

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## Individual Support

### Goals of the Program

Goals are individually negotiated with the child, their family and educators.

### Outcomes

Outcomes may include;

- Increased confidence
- Increased understanding of social behaviours in various contexts and environments
- Increased independence
- Improved decision making skills

### Eligibility Criteria

Families must be registered for services with Can:Do 4Kids

### Staff

Child and Youth Development Consultants have a variety of backgrounds working alongside families and schools to support children/young adults to continue to develop and encourage independence.

Can:Do 4Kids Child and Youth Development Consultants work as a part of a multidisciplinary team alongside Early Intervention Consultants, Speech Pathologists and Occupational Therapists, Assistive Technology specialists, Orientation and Mobility specialists, Physiotherapists, Social Workers and Audiologists.

### Locations

A Child and Youth Development Consultant may see a child/young adult:

- In the classroom
- In the home
- In the community
- At one of our clinic locations

### Referrals

Families can contact Can:Do 4Kids directly or with a referral from NDIS, your GP, Specialist or school.

### Funding

Can:Do 4Kids are registered to provide services under a variety of funding models including National Disability Insurance Scheme (NDIS), Medicare, Private Health and self funded.

If you are unsure of your eligibility, or would like to discuss the best funding method for your child please contact us for further information.

### Contact Us

We would love to hear from you. For further information about our services and to discuss your child's needs please contact us; on

Phone: (08) 8100 8200

Email: [services@cando4kids.com.au](mailto:services@cando4kids.com.au)

Web: [cando4kids.com.au](http://cando4kids.com.au)

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